

# EXISTENTIAL THERAPY Training

*introduction to existential analysis*

**3** Day  
Seminar

June 16-18, 2017 (9:30am-5:30pm)  
Ottawa, ON. St-Paul University Campus  
facilitated by Existential Analysts  
Rochelle Chapman, MA, RCC  
Barbara El Mubarak, MEd, CCC

**A life led with  
inner consent -  
commitment,  
engagement, and  
freedom to choose**

*Existential Analysis is rooted in Viktor Frankl's logotherapy and was developed into a comprehensive theory and approach by Dr. Alfred Längle, the president of the International Society for Logotherapy and Existential Analysis - Vienna.*

## *Existential Analysis provides:*

*Development of the therapist as a person using experiential dialogue*

*A concrete method for deepening therapy and meaningfully encountering clients and supervisees*

*A comprehensive theoretical framework for the human being and the treatment of mental health*

*Concepts such as inner consent, phenomenological presence, motivation, fundamental trust, and existential meaning*

*Specific treatment approaches for depression, anxiety, grief, couples, self-worth, addiction, personality disorders, etc.*

This seminar is for professional development or a prereq to the training program to become an Existential Analyst.

### **For further details and registration**

contact Barbara El Mubarak:

barbara@eacounselling.ca or 613-246-0873

(Please note corrected area code-we apologise for any inconvenience)

### **Fees for 3 day Intro:**

\$390 professional/\$270 student rate

[www.existentialanalysis.ca](http://www.existentialanalysis.ca)